

# Eggert Family Dentistry Bleaching Options

<p style="text-align: center;"><b>OTC White Strips</b></p>	<p style="text-align: center;"><u>Advantages</u></p> <ul style="list-style-type: none"> <li>• Least expensive</li> <li>• Can start immediately</li> </ul>	<p style="text-align: center;"><u>Disadvantages</u></p> <ul style="list-style-type: none"> <li>• Higher rates of sensitivity</li> <li>• Not very effective in whitening teeth with brown or gray undertones</li> <li>• Not effective in tetracycline staining</li> <li>• Strips can slide around on teeth</li> <li>• Can irritate gum tissues</li> <li>• Does not bleach whole mouth</li> </ul>
<p style="text-align: center;"><b>Opalescence Go</b></p>	<p style="text-align: center;"><u>Advantages</u></p> <ul style="list-style-type: none"> <li>• Least expensive professional option</li> <li>• Minimal time involved, you are able to start wearing the strips immediately</li> <li>• Less sensitivity than OTC</li> </ul>	<p style="text-align: center;"><u>Disadvantages</u></p> <ul style="list-style-type: none"> <li>• Less effective in whitening teeth with brown or gray undertones</li> <li>• Not effective in tetracycline staining</li> <li>• Strips can slide around on teeth</li> <li>• Can irritate gum tissues</li> <li>• Does not bleach whole mouth</li> </ul>
<p style="text-align: center;"><b>Custom Fit Bleaching Trays with Professional Gel Bleach Refills</b></p>	<p style="text-align: center;"><u>Advantages</u></p> <ul style="list-style-type: none"> <li>• Custom fit for comfort</li> <li>• Moderately affordable</li> <li>• 1 week turnaround time</li> <li>• Can purchase bleach refills at minimal cost to use in the future</li> <li>• Trays are made to fit long term assuming no change to teeth shape or size</li> <li>• Less sensitivity than OTC strips</li> </ul>	<p style="text-align: center;"><u>Disadvantages</u></p> <ul style="list-style-type: none"> <li>• Less effective in whitening teeth with brown or gray undertones</li> <li>• Not effective in tetracycline staining</li> </ul>
<p style="text-align: center;"><b>Zoom Whitening</b></p>	<p style="text-align: center;"><u>Advantages</u></p> <ul style="list-style-type: none"> <li>• Immediate results</li> <li>• Moderately affordable</li> <li>• 1 (90 minute) appointment needed</li> <li>• Can purchase bleach refills at minimal cost to use in the future</li> <li>• Lightens teeth 4 to 10 shades</li> </ul>	<p style="text-align: center;"><u>Disadvantages</u></p> <ul style="list-style-type: none"> <li>• Larger investment</li> <li>• Possible sensitivity</li> <li>• Not effective in tetracycline staining</li> </ul>
<p style="text-align: center;"><b>Kör at-home Professional Deep Bleaching System</b></p>	<p style="text-align: center;"><u>Advantages</u></p> <ul style="list-style-type: none"> <li>• Very effective especially in whitening teeth with brown or gray undertones</li> <li>• Best custom fit</li> <li>• Can purchase bleach refills at minimal cost to use in the future</li> <li>• Trays are made to fit long term assuming no change to teeth shape or size</li> <li>• Less sensitivity than all other options</li> </ul>	<p style="text-align: center;"><u>Disadvantages</u></p> <ul style="list-style-type: none"> <li>• Approximately 3 weeks for trays to be fabricated</li> <li>• Larger investment</li> </ul>
<p style="text-align: center;"><b>Complete Kör Professional Deep Bleaching System</b></p>	<p style="text-align: center;"><u>Advantages</u></p> <ul style="list-style-type: none"> <li>• Very effective especially in whitening teeth with brown or gray undertones</li> <li>• Most effective in removing tetracycline staining</li> <li>• Best custom fit</li> <li>• Can purchase bleach refills at minimal cost to use in the future</li> <li>• Trays are made to fit long term assuming no change to teeth shape or size</li> <li>• Less sensitivity than all other options</li> </ul>	<p style="text-align: center;"><u>Disadvantages</u></p> <ul style="list-style-type: none"> <li>• Approximately 3 weeks for tray fabrication</li> <li>• More time in office for deep in-office bleaching</li> <li>• Largest investment</li> </ul>

